

November

Valley Oaks



Milk choices for both meals

Price: \$0.50

Breakfast: 1% or Fat Free White Milk

Lunch: Nonfat Chocolate Milk or 1% White Milk or Fat Free White Milk

			1 Assorted Muffins ***** Nacho Cheese w/Chips	2 Mini Pancakes ***** Pizza Wedge
5 Filled Crescent ***** Double Dog	6 Mini Waffles ***** Chicken Taquitos	7 Breakfast Pizza ***** Deli Sandwich	8 Rockin' Yogurt ***** Mini Beef Slider	9 Mini Filled Bagels ***** Mini Cheese Pizza
12 VETERANS DAY *****	13 Mini French Toast ***** Bean Burrito	14 Breakfast Pizza ***** Pizza Quesadilla	15 Mini Pancakes ***** Mini Chicken Slider	16 Stuffed Frudel ***** Mini Pep Pizza
19 	<h1>Thanksgiving Break</h1>			23
26 Filled Crescent ***** Double Dog	27 Mini Waffles ***** Chicken Taquitos	28 Breakfast Pizza ***** Deli Sandwich	29 Rockin' Yogurt ***** Mini Beef Slider	30 Mini Filled Bagels ***** Mini Cheese Pizza

Breakfast includes entrée choice, fruit, and milk
 Lunch includes entrée choice, grain, fruit, vegetable, and milk
 Meals meet USDA Regulations and all items are whole grain-rich.

Menu subject to change based on availability. This institution is an equal opportunity provider.